



AUTUMN OPEN MEET 2019



**EUROPA POOLS, BIRKENHEAD
28TH & 29TH SEPTEMBER 2019**

Welcome to Wirral Metro Swimming Club

The Autumn Level 2 Meet has been in the yearly calendar for many years now. This Meet is strategically placed as one of the first events of the season, and times can be used for County and Regional Championships this season.

The meet is being held at EUROPA POOLS Birkenhead on 28th and 29th September 2019. We are looking forward to some quick swimming in a pool that's renowned to be one of the fastest in the region.

[Within this pack](#)

MEET CONDITIONS

PROGRAMME OF EVENTS

ENTRY FORMS

We hope you will be able to join us in September and look forward to receiving your entries.

Martin Brooks

Head Coach

Craig Pickering

Meet Promoter

Doug Jardine

Gala Secretary

E-mail gala.secretary@wirralmetro.co.uk

Entries by e-mail as above or by post to

Doug Jardine, 19 WHARTON CLOSE, SAUGHALL MASSIE, WIRRAL CH49 4RF

Please do not send individual entries by recorded/signed delivery

Entries should be submitted on Hy-tec Lite via e-mail and will not be considered until full payment has been received.

Age as at 29/09/2019

Payment to be made on one combined cheque, made out to Wirral Metro S.C

The cost per event for this Level 2 meet events is: £6.00 per electronic and £7.00 per paper entry

Please note that 800m free and 1500m free are £12.00 per electronic entry and £15.00 per paper entry

Entry to both the 800m and 1500m Free is restricted and is at the discretion of the promoter. PLEASE NOTE WE ARE AWARE SOME GIRLS WILL NOT HAVE ENTRY TIMES FOR THE 1500M EVENT, THEREFORE IF THEY HAVE THE RELEVANT 800M TIME YOU MAY ENTER THE 1500M EVENT WITH A TRAINING/COACHES TIME.

AWARDS:

Medals will be awarded at this meet as follows:

The age Groups are:

Male: 9yrs./10yrs, 11yrs, 12yrs, 13yrs, 14 yrs and over

Female 9yrs./10yrs, 11yrs, 12yrs, 13yrs, and 14 yrs and over

Any points not covered above will be at the discretion of the Promoter

SESSION 1 SATURDAY AM
WARM UP 8.00AM – START 9.00AM

SESSION 3 SUNDAY AM
WARM UP 8.00AM – START 9.00AM

Event NO	EVENT	EVENT NO	EVENT
101	GIRLS 9 & OVER 200M BREAST	301	BOYS 9 & OVER 200M BREAST
102	BOYS 9 & OVER 400M FREE	302	GIRLS 9 & OVER 400M FREE
103	GIRLS OPEN 50M BREAST	303	BOYS OPEN 50M FLY
104	BOYS OPEN 50M BREAST	304	GIRLS OPEN 50M FLY
105	GIRLS 9 & OVER 200IM	305	BOYS 9 & OVER 200IM
106	BOYS 9 & OVER 100M FREE	306	GIRLS 9 & OVER 100M FREE
107	GIRLS 9 & OVER 100M BACK	307	BOYS 9 & OVER 100M BACK
108	BOYS 9 & OVER 200M BACK	308	GIRLS 9 & OVER 200M BACK
109	GIRLS 9 & OVER 100M IM	309	BOYS 9 & OVER 100M IM

SESSION 2 SATURDAY PM WARM
UP TBA – START TBA

SESSION 4 SUNDAY PM WARM
UP TBA – START TBA

EVENT NO	EVENT	EVENT NO	EVENT
201	GIRLS 11 & OVER 400IM	401	BOYS 11 & OVER 400IM
202	BOYS 9 & OVER 100M BREAST	402	GIRLS 9 & OVER 100M BREAST
203	GIRLS OPEN 50M FREE	403	BOYS OPEN 50M BACK
204	BOYS OPEN 50M FREE	404	GIRLS OPEN 50M BACK
205	GIRLS 9 & OVER 100M FLY	405	BOYS 9 & OVER 100M FLY
206	BOYS 9 & OVER 200 M FLY	406	GIRLS 9 & OVER 200 M FLY
207	GIRLS 9 & OVER 200M FREE	407	BOYS 9 & OVER 200M FREE
208	MIXED OPEN 1500M	408	MIXED OPEN 800M

NO ENTRIES WILL BE ACCEPTED UNTIL PAYMENT FOR ENTRIES ARE RECEIVED EITHER BY CHEQUE (PAYABLE TO WIRRAL METRO SC) OR DIRECTLY BY BANK TRANSFER

WIRRAL METRO SC
 ACCOUNT NO 10944157
 SORT CODE 20-29-50

L2 OPEN MEET 2NW190441

Europa Pools, Conway Street, Birkenhead, CH41 6RN

Refunds will only be given: Where a competitor has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Meet Promoter

All times submitted must be for a 25m short course pool, converting if necessary, using A.S.A. equivalent Performance Tables.

The acceptance of competitors will be based on quickest times submitted by age group basis. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. The external cutoff date for entry receipt is September 9th 2019.

As soon as possible after the closing date, accepted entries will be posted on the Wirral Metro website, together with any information in respect of entries not accepted. All refunds will be made 'on block' to the club submitting the entries, these will be sent by post or BACS.

Entries should be submitted to the above contact. Entries sent via post should include full payment.

Electronic Entries should be emailed to the above address with any poolside pass applications and full payment.

For electronic entries emailed, the sent date on the email will be classed as the date submitted, likewise for posted entries, the posted date will be classed as the entry date.

The meet promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded, a single cheque or BACS payment will be made payable to club in question.

POOLSIDE PASSES

Coach passes are £12.00 each for the weekend. Passes are transferable within a club, but a list of all attending Coaches and Team Managers must be submitted before the meet, together with an indication which session they will be present for.

All Coaches and Team Managers must be in possession of a valid CRB check. Passes must be worn at all times whilst on poolside and will be required to gain access.

THERE WILL BE NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOLSIDE PASS

Wirral Metro Swimming Club accepts no responsibility for loss or damage to competitors belongings, how so ever caused, unless such damage is caused by the negligence of Wirral Metro Swimming Club. Wirral Metro Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coach pass, who has had a CRB check and preferably attended good practice course

Swimmers must be supervised during warm-up by their Club Coach/Poolside Official.

Any points not covered above will be at the discretion of the Promoter

Boys qualifying times (equal to or faster than)								Girls qualifying times (equal to or faster than)					
9	10	11	12	13	14	15 & 0		9	10	11	12	13	14 & 0
42.10	39.30	37.20	35.10	33.10	31.30	29.90	50 FREE	42.60	39.90	37.70	35.70	34.30	33.30
1.29.80	1.23.00	1.20.60	1.15.70	1.10.10	1.07.30	1.04.60	100 FREE	1.30.60	1.27.60	1.21.30	1.16.60	1.13.30	1.11.30
3.22.80	3.06.00	2.54.80	2.44.70	2.35.00	2.26.60	2.20.80	200 FREE	3.24.50	3.03.80	2.55.40	2.46.90	2.38.00	2.33.50
7.20.60	6.31.80	6.06.00	5.46.00	5.26.80	5.10.40	4.57.50	400 FREE	7.15.40	6.35.70	6.07.90	5.49.20	5.29.80	5.19.80
11.30.00	11.30.00	11.30.00	11.30.00	10.50.00	10.40.00	10.20.00	800 FREE	11.50.80	11.50.80	11.50.80	11.50.80	11.17.30	10.57.80
22.50.00	22.50.00	22.50.00	22.50.00	21.30.00	20.40.00	19.50.00	1500 FREE	22.50.00	22.50.00	22.50.00	22.50.00	21.30.00	21.00.00
48.60	45.20	42.50	40.30	37.60	35.80	33.90	50 BACK	48.90	45.30	42.70	40.50	38.70	37.50
1.39.90	1.35.60	1.30.50	1.25.20	1.19.70	1.15.00	1.12.50	100 BACK	1.45.50	1.38.50	1.33.70	1.28.30	1.21.90	1.19.00
3.43.80	3.26.70	3.13.30	3.05.60	2.57.10	2.49.40	2.42.30	200 BACK	3.46.20	3.28.70	3.16.50	3.07.70	2.56.30	2.49.20
55.10	51.30	49.00	46.70	43.90	42.60	41.20	50 BREAST	55.90	51.70	48.30	45.40	43.20	41.80
1.55.70	1.50.50	1.48.50	1.43.40	1.36.90	1.32.10	1.27.90	100 BREAST	1.59.90	1.52.50	1.43.50	1.37.30	1.32.30	1.28.90
4.11.80	3.59.00	3.48.00	3.42.40	3.29.20	3.18.30	3.07.80	200 BREAST	4.20.00	3.59.50	3.42.10	3.28.80	3.18.20	3.11.50
47.90	45.90	43.30	39.10	37.30	36.10	35.20	50 FLY	47.40	43.80	41.00	38.80	36.40	34.30
1.50.00	1.50.00	1.43.40	1.37.50	1.27.60	1.21.10	1.15.50	100 FLY	1.47.90	1.39.30	1.30.90	1.24.90	1.21.20	1.18.30
4.01.50	3.52.00	3.46.00	3.27.70	3.11.00	2.51.30	2.46.36	200 FLY	4.11.00	3.50.00	3.40.20	3.26.40	3.07.30	2.57.00
1.45.10	1.37.60	1.33.90	1.27.70	1.23.10	1.17.80	1.15.50	100 IM	1.48.00	1.38.50	1.34.20	1.29.10	1.24.90	1.22.60
3.49.70	3.32.70	3.17.60	3.06.80	2.55.80	2.45.30	2.38.20	200 IM	3.51.60	3.32.70	3.17.90	3.06.30	2.58.80	2.53.10
		6.59.70	6.49.50	6.28.90	5.59.80	5.46.50	400 IM			6.57.30	6.32.00	6.14.40	6.03.10

All submitted times must be 25M short course Converting if necessary using ASA equivalent performance tables

AWARDS:

Medals will be awarded at this meet as follows

The age Groups are:

Male: 9yrs/10yrs, 11yrs, 12yrs, 13yrs, 14 yrs and over

Female: 9yrs/10yrs, 11yrs, 12yrs, 13yrs, and 14 yrs and over

ASA Licence 2NW190441	Wirral Metro L2 Autumn 2019 Open Meet	£6.00 per Event (Electronic Hytek Entry) £7.00 ALL OTHER ENTRY METHODS
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800 & 1500M RACES ARE £12.00 HYTEK - £15.00 ANY OTHER METHOD

ASA REGISTRATION NUMBER	D.O.B
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FULL NAME (As it appears on the rankings)		MALE/FEMALE
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CLUB REPRESENTING	
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E-Mail Address	
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Telephone Number	
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<u>STROKE</u>	<u>TIME</u>	<u>WHERE AND WHEN ACHIEVED</u>
50 Freestyle		
100 Freestyle		
200 Freestyle		
400 Freestyle		
800 Freestyle (MIXED)		
1500 Freestyle (MIXED)		
50 Backstroke		
100 Backstroke		
200 Backstroke		
50 Breaststroke		
100 Breaststroke		
200 Breaststroke		
50 Butterfly		
100 Butterfly		
200 Butterfly		
100 Individual Medley		
200 Individual Medley		
400 Individual Medley (11 & over only)		

Total Number of Entries:	£6.00 per Event (Electronic Entry) £7.00 ALL OTHER ENTRY METHODS	TOTAL: £
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Signed:	PARENT
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CHEQUES MADE PAYABLE TO: WIRRAL METRO SC

Please return this form including a cheque for the full amount (payable to Wirral Metro SC) to:

BY POST TO: DOUG JARDINE, 19 WHARTON CLOSE, SAUGHALL MASSIE, WIRRAL, CH49 4RF

If paying by BACS Details are at the bottom of page 3 above.

